

“Confessions of the Soul”

We are three part beings, Spirit, Soul, and Body. The body is subject to the soul and the Soul is supposed to be subject to your Spirit. But we if never submit our soul to serve us it will be master over us. Your soul is your mind, will, and emotions and they are very selfish in that they operate on your five senses. This is why we must train our soul every day to love what the Spirit (God) loves and to hate what the Spirit (God) hates. I challenge you to confess these scriptures three times a day for a month, over your mind, will, and emotions. This will renew your mind, affect your emotions (feelings), and change your will. Make these your personal confessions.

Now may the God of peace himself sanctify you **(ME)** completely; and may your **(MY)** whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ. 1

Thessalonians 5:23

Beloved, I pray that you **(I)** may prosper in all things and be in health, even as your **(MY)** soul prospers. 3rd John 2

For He satisfies the **(MY)** longing soul, And fills the **(MY)** hungry soul with goodness. Psalms 107:9

As the deer pants for the water brook, so pants **my** soul for you O God, **my** soul thirst for God, for the living God! Psalms 42:1-2

Why are you cast down O **my** soul? And why are you disquieted within me? Hope in God! For **I** shall yet praise Him! Psalms 42:11

You shall love the Lord your God with all your heart, with all your soul, and with all your strength. Deuteronomy 6:5

O **my** soul you have said to the Lord, you are my Lord, you are my Lord. My goodness is nothing apart from you. Psalms 16:2

The law of the Lord is perfect converting the soul, the testimony of the lord is sure, making wise the simple. Psalms 19:7

He restores **my** soul; He leads me in the path of righteousness, for his name sake. Psalms 23:3

Bless the lord, O **my** soul; and all that is within me, Bless His Holy name. Bless the lord o **my** soul, and forget not all His benefits. Psalms 103:1-2

I said, “Lord, be merciful to me; Heal **my** soul for I have sinned against you”. Psalm 41:4

Let my soul delight itself in the abundance of good things. Isaiah 55:2

My soul belongs to God. Ezekiel 18:4

Draw near to my soul, and redeem it; Deliver me because of my enemies. Psalms 69:18